

## **FAIR PLAY IN SPORT**

## The Importance of Fair Play in Sport

Without fairness, sport loses its meaning and purpose. Fair play is more than just a concept—it's a philosophy built on respect for others and for the institution of sport. It fosters a shared understanding among all participants about the values and lessons that sport should teach both children and adults.

Playing fair is about making choices. Whether as athletes or spectators, we must constantly assess what is right and just. Sport unites us in the pursuit of excellence and provides a platform for healthy competition and meaningful interactions.

For children, the ability to make fair play decisions develops alongside their understanding of what contributes to a fulfilling life in society.

## Fair Play Code

- 1. I participate because I want to.
- 2. I play by the rules and in the spirit of the game.
- 3. I control my temper and resolve conflicts peacefully.
- 4. I respect the rules, officials, and opponents.
- 5. I strive to be a true team player.
- 6. I value effort, skill improvement, friendship, and fun over winning.
- 7. I acknowledge good performances—both my team's and my opponents'.
- 8. Het my actions reflect good sportsmanship, on and off the field.
- 9. I promote fair play at all times.
- 10. I enjoy the game, remain friendly, and work on improving my skills.
- 11. I do not discriminate based on race, gender, or sexuality.

Fair play is the foundation of meaningful sport. It ensures that competition remains a positive and enriching experience for all.