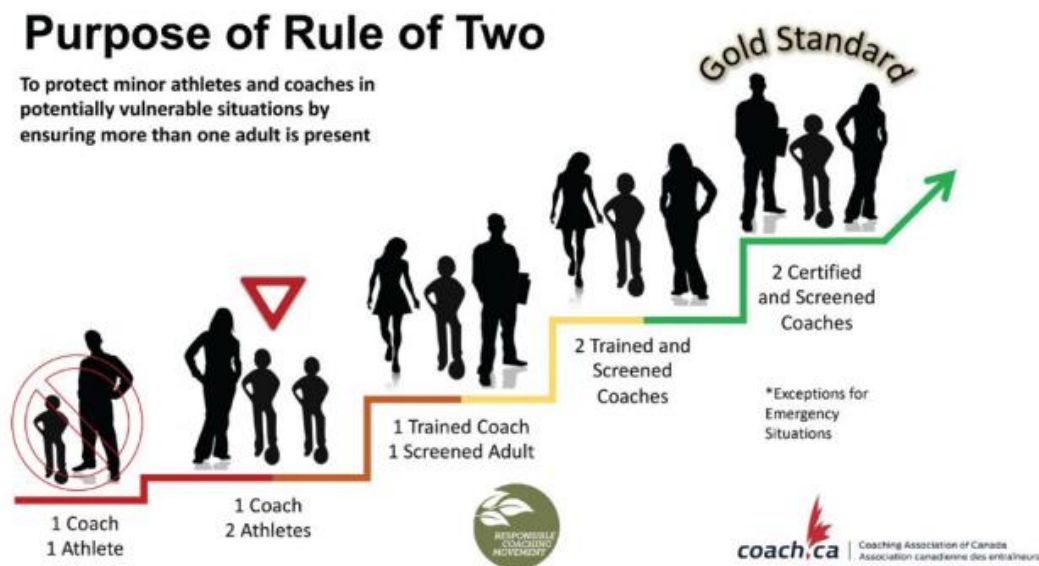


# RULE OF TWO POLICY

The Dixie Soccer Club (DSC) Rule of Two focuses on ensuring the safety of athletes by maintaining a protocol of two responsible adults being present during potentially vulnerable situations. Here are the key guidelines from the document:

## Rule of Two:

- **Presence of Two Adults:** Coaches, assistant coaches, and managers must never be alone with players in situations like locker rooms or meetings, and a second coach or volunteer must be present.
- **Coaches or Volunteers:** If two NCCP-trained or certified coaches are not available, then other screened volunteers (e.g., managers, support staff, or club directors) or parents should be present.
- **Multiple Athletes:** If no additional adult is available, there must be more than one athlete with the coach.



## Travel Guidelines

The following guidelines are strongly recommended during travel with athletes:

- **Transportation:** A coach or authority figure should not drive an athlete alone unless they are the athlete's parent or guardian.
- **Hotel Rooms:** Coaches should not share rooms with athletes unless they are their parent/guardian.
- **Room Checks:** Two authority figures should perform room checks during overnight stays.

### **Locker Room/Changing Area/Meeting Room Guidelines**

The following guidelines are strongly recommended for locker rooms, changing areas, and meeting rooms:

- **Presence of Coaches:** Coaches should not interact with an athlete in a locker room or other private area unless another coach or responsible adult is present.
- **Access:** Coaches or authority figures should remain outside locker rooms or changing areas, ready to enter if needed.

### **Training/Competition Guidelines**

The following guidelines are strongly recommended for the training and competition environment (including before, during, and after practices and games):

- **Before/After Practices/Games:** Coaches should not be alone with an athlete before or after a game or practice unless they are the athlete's parent or guardian.
- **Supervision:** Coaches should ensure that more than one adult or athlete is present before and after practices or games to prevent one-on-one interactions.

### **Gender Identity**

If possible, a Person in Authority who is interacting with athletes should be of the same gender identity as the athletes. The following guidelines are strongly recommended:

- **Same Gender Interaction:** Coaches should ideally interact with athletes of the same gender identity. For teams with multiple gender identities, a coach of each gender identity should be available when possible.

### **Support for Coaches:**

- **Parent Liaison:** A liaison should be recruited to help ensure two coaches or certified adults are available, especially when the coach's gender identity does not match the athletes.

These rules are put in place to maintain a safe and supportive environment for all athletes, promoting accountability and transparency in all interactions.